

M.M. ♩ = 132

In this exercise if you wish to use rudimental sticking, use the following rules:

1. Groups of any 2 notes, use flam tap or single drag.
2. Any group of 3 notes, use rudiment flam accent or single ratamacue, which ever is required.
3. Any group of 4 notes, use paradiddle, flamacue or flam paradiddle, which ever is required.

The first staff of music contains a sequence of rhythmic patterns in 4/4 time. The notes are marked with accents (>) and some are beamed together. Below the staff, the following sticking letters are written: R R L L R L R L L L R R R L R L.

The fourth staff of music includes a triplet of eighth notes marked with a '3' above the notes.

The fifth staff of music includes a triplet of eighth notes marked with a '3' above the notes.